

# Your Community. Your Health.

SHARING BACK YOUR DATA & INSIGHTS FROM THE ANNUAL COMMUNITY HEALTH SURVEY

## WHAT'S BEEN HAPPENING

In partnership with the Michigan Department of Health and Human Services (MDHHS), researchers at Michigan State University (MSU) surveyed the Otsego community to begin understanding the major issues impacting community health. Over the next five years, more data will be gathered and used by a collaborative team, which includes Otsego community members. Together, we are developing strategies to integrate community concerns into ongoing health education and engagements. This report-back is a first step as we share back what we heard from an initial 77 community members.



## KEEPING SAFE FROM DIOXINS

We asked the Otsego community about their knowledge of the ways they can protect themselves from dioxins and PCBs (polychlorinated biphenyls). Only 12% of community members felt moderately or extremely knowledgeable about ways to protect themselves.



## WHAT ARE DIOXIN & PCBs?

Dioxins and PCBs are a family of chemicals that are known to be harmful to humans and animals. They stay in the environment for decades or even centuries. When you eat contaminated food, or breathe in or swallow contaminated soil or dust, these chemicals can get into your body. To protect yourself, follow the *Eat Safe Fish* guide ([bit.ly/sw-mi-fish](http://bit.ly/sw-mi-fish)), rinse all fruits and vegetables, and wash hands and clothes after playing or working outside. More ways to keep you and your family safe can be found on [michigan.gov/mdhhs](http://michigan.gov/mdhhs).

WHEN THINKING ABOUT DIOXINS & PCBs, ROUGHLY 3-IN-4 RESIDENTS REPORTED FEELING AT LEAST SOMEWHAT...

73%

...fearful

65%

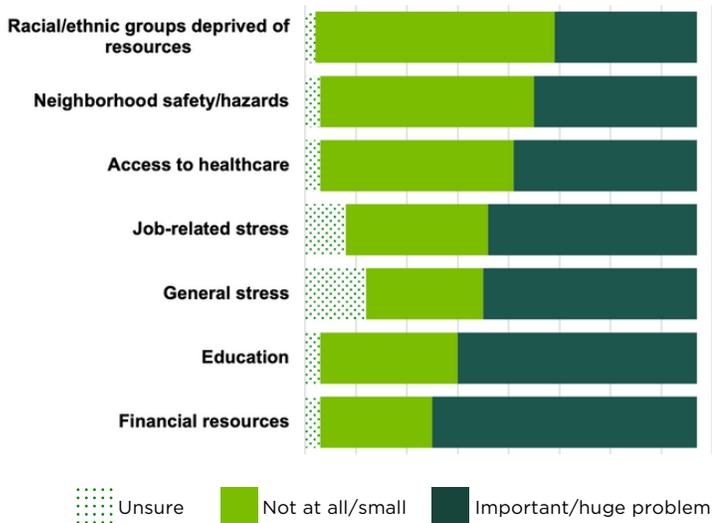
...anxious

74%

...worried

# Otsego

## COMMUNITY HEALTH CONCERNS

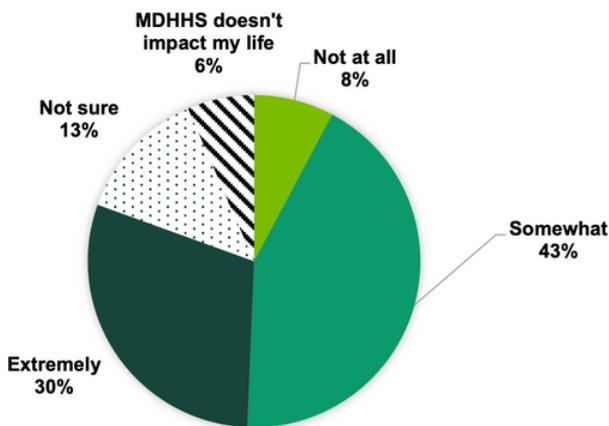


### ARE THESE A PROBLEM IN YOUR COMMUNITY?

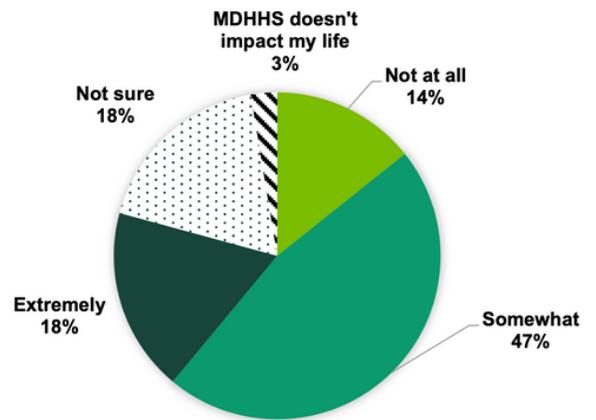
Addressing contamination is only one part of protecting community health. Social issues and inequities can also impact community health and well-being. Together, these issues are called the Social Determinants of Health. We asked the Otsego community the extent to which they see these issues as problems in their community. Lack of financial resources and lack of education were most reported as important or huge problems.

### IMPACT OF MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES

Of those surveyed in Otsego, 3-out-of-4 respondents reported that the actions and decisions of the MDHHS were likely to have a positive impact on their life. Only 1-in-5 respondents were extremely concerned that the actions and decisions of the MDHHS would have a negative impact on their life.



LIKELIHOOD OF POSITIVE IMPACT



CONCERNED ABOUT NEGATIVE IMPACT



## DO YOU AGREE?

Let us know if you agree with these findings. Your community needs you to share in order to make these results even more impactful. Scan the QR code to get involved, and make your voice heard.