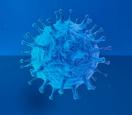
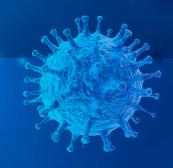
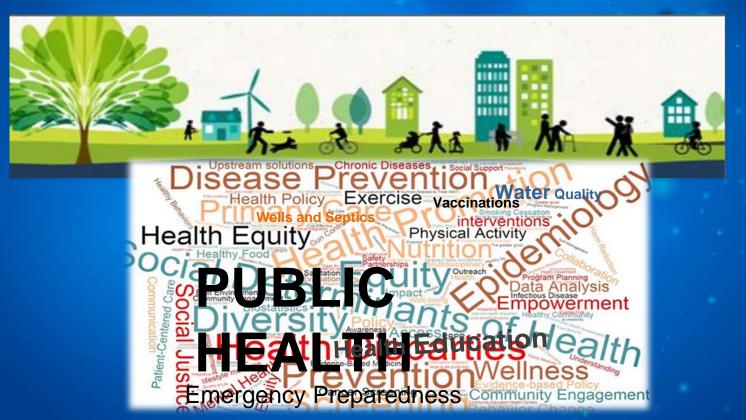
# COVID-19 Update November 18, 2020







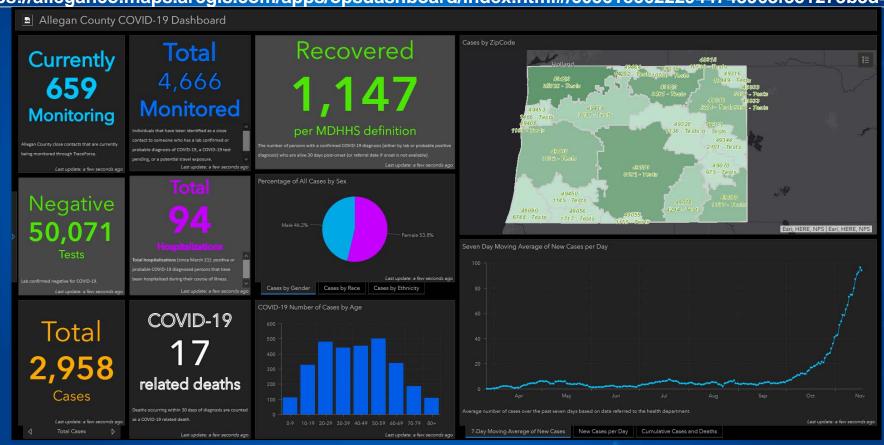
Public Health's job is to prevent illness, protect vulnerable populations, and promote health for our communities. Access to essential public health services builds a healthy community. This is a BIG job without a pandemic!

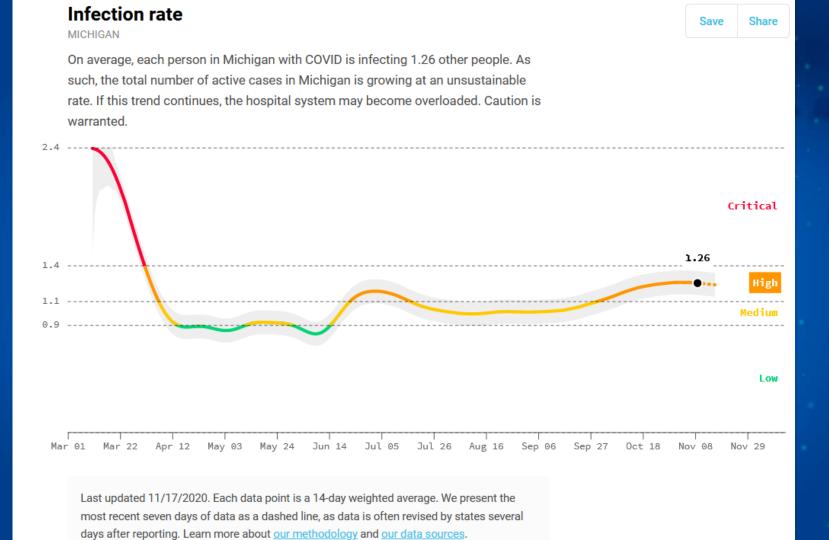


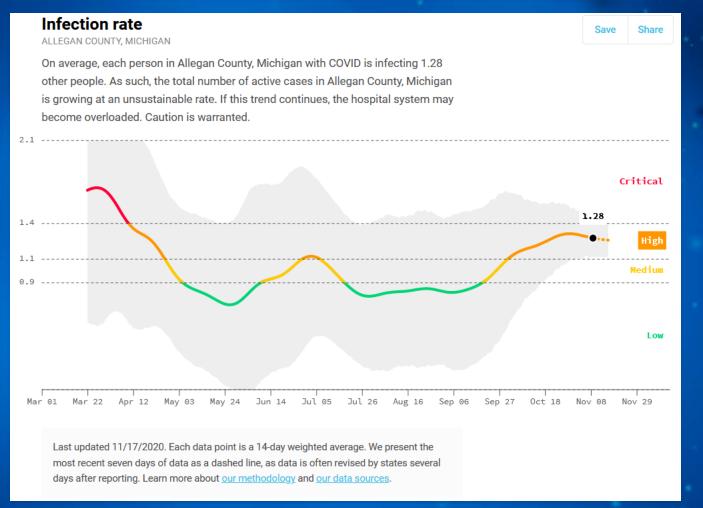
# Allegan County COVID-19 Dashboard,

data as of 11/17/20 at 2pm

https://alleganco.maps.arcgis.com/apps/opsdashboard/index.html#/c05e1ec6222944748968f351273b3d41

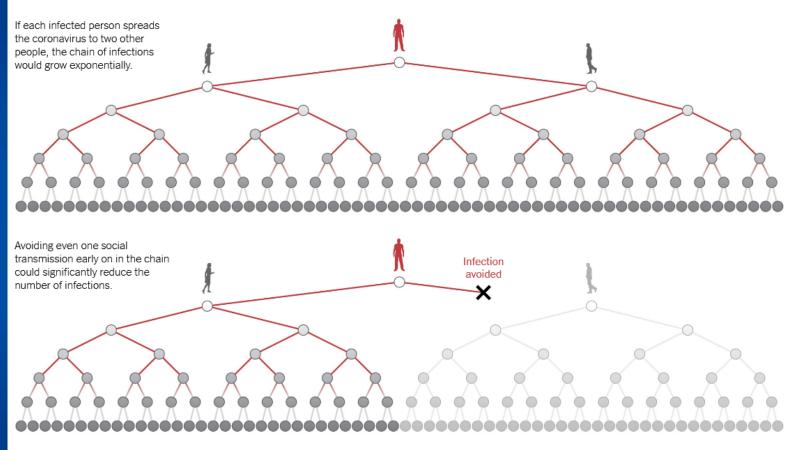






### Cutting a Link in the Chain of Transmission

A simple tree diagram shows how limiting contacts early might prevent many infections.



By Jonathan Corum

## **COVID-19 Mass Testing and Containment**

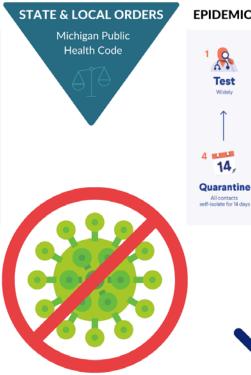
#### MITIGATION ROADMAP



#### **INCIDENT ACTION PLAN OBJECTIVES**

- Identify cases, isolate the sick, quarantine the exposed, and protect vulnerable populations
  - Provide information to the public, media, and County staff to increase public
- awareness, address misinformation, and protect the public and increase community resiliency
- Prepare, mitigate, and recover from widespread transmission in Allegan County





#### EPIDEMIOLOGICAL MODEL







## **COVID- 19 Mitigation Strategies**

#### Community Vaccination and/or Herd Immunity

measures (non-pharmaceutical interventions) can be lifted

### **Best Practices for Organizations**

Face Coverings, Social Distancing, Environmental, Administrative Controls, Case and Contract Tracing

and enforcement or orders as necessary.

### **Sufficient Health Care Capacity**

Ensure hospitals have resources to treat those with COVID-19 and non COVID-19 health care needs.

### **Robust Case Investigation and Contact Tracing**

Foundation to containment of the virus until a vaccine is available. Case Investigation starts immediately and all contacts are attempted to be contacted and put on guarantine within 24 hrs. .

### **Enhanced Ability to Test**

Testing congregate care (jails, nursing homes, etc.), community wide testing, and testing of communities of vulnerabilities. clusters and outbreaks.





Plan for clinics and evaluate whether protective





## **Challenges in Responding**



It is a novel virus and guidance is ever changing. Keeping staff and community leaders and members updated as that guidance changes can be challenging.





Timely Case investigation and contact tracing and getting people to understand the reason why it is so important to isolate/quarantine to disrupt the transmission.



Managing a response for a community that is incredibly divided on what the proper response should be.



Collaborate
with a vast array
of organizations
within different
sectors
on mitigations
measures and
technical
assistance as
needed.

## **Enhanced Ability to Test**

## COVID-19 TESTING EVENT



FREE COVID-19 testing (not antibody test)

Available to individuals of any age\*, regardless of symptoms.

Individuals under the age of 18 will need parental/guardian consent.

\*Children under the age of 5 may be turned away. Please call 269-686-4546 closer to the event.

No insurance needed | No doctor's note needed Pre-register using the QR code below



Saturday, November 21 | 10:00am-1:00pm

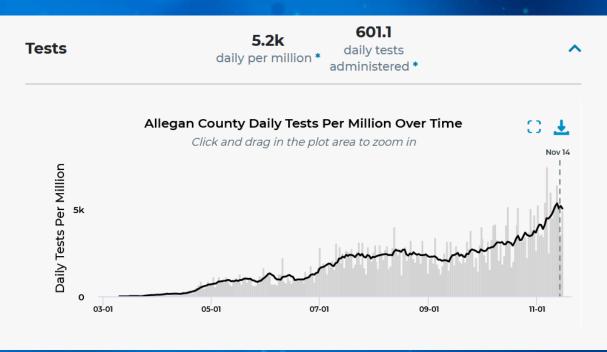
Allegan County Transportation Building | 750 Airway Dr., Allegan



\*\*Offering no-cost flu vaccine for uninsured/ under-insured adults (19 years of age and older) at event.\*\*

NOTICE: In the event of severe weather, ACHD will cancel testing events for the protection of staff and residents. Please check our Facebook page @AlleganCountyHD or call 269-686-4546 for any cancellation notices the day

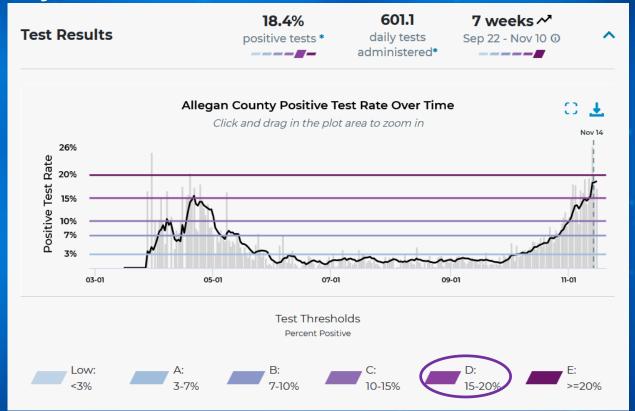




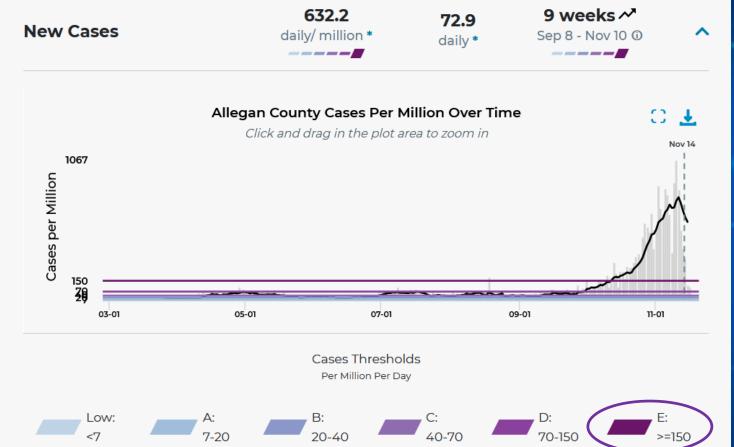
Data as of 11/14/20

www.Michigan.gov/coronavirustest

# Enhanced Ability to Test Allegan County, data as of 11/14/20



# Allegan County, New Cases (data as of 11/14/20)



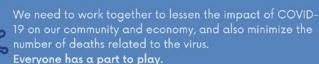
## Comparison with neighboring counties



# Why do we share data on a per million level?

- As public health, we have to be able to compare "apples to apples" to understand not only what is happening in our area, but also areas surrounding us. It allows us to compare new cases per day in our area (prevalence of the virus in communities) to other communities with vastly different populations.
- # daily new cases / Allegan County population \* 1,000,000,000
- Visit <u>mistartmap.info</u> for other scale breakdowns of local data.

# WORKING TOGETHER TO CURB THE SPREAD



## IF YOU TEST POSITIVE FOR COVID-19

Start isolating right away. Stay home except for medical care. Let your employer know you have COVID-19.

Notify your close contacts so they can start to quarantine themselves.

• Close contacts = those who were within 6 feet for more than 15 minutes

- Close contacts = those who were within 6 feet for more than 15 minute total in a 24 hour period, when the person was contagious.
- Contagious = starts 2 days before symptoms appear (or 2 days before
  positive test, if no symptoms), through the end of the isolation period.

Complete the ACHD self-reporting form based on your situation. Forms can be found on www.allegancounty.org/health

#### THE ALLEGAN COUNTY HEALTH DEPARTMENT WILL CONTACT:

Individuals who are 65 years and older, especially those with chronic underlying conditions Individuals who are 22 years and younger, especially those attending school in-person Individuals residing in congregate living environments, such as longterm care facilities









- Public Health has reached its capacity with case investigations and n your help.
- If someone tests positive or has been recently exposed to the virus do NOT expect a call from the Health Department. Instead:
- If you receive a positive COVID test resulf solate for a minimum of 10 days from the start of your symptom(s) or your positive test date if yo didn't have symptoms. (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html)
- Notify your close contacts that they may have been exposed and encourage them to <u>quarantine</u> for 14 days from their last date of contact with you. (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)
- If you know you are a close contact, start self-quarantine.
- Complete the self-reporting form based on your situation:
  - If you test positive, complete this "Itested positive" form.

    https://allegancounty.iad1.qualtrics.com/jfe/form/SV\_bllp1Y8ppoO4

    Xdz
  - If you have a known exposure, complete this "I have been exposed" form.

    https://allegancounty.iad1.qualtrics.com/jfe/form/SV\_aaQPYj43sOw dQyh

# Epidemiologic Information, Allegan County

Overall	Percent
Healthcare Worker	8.9%
Live or work in high-risk/congregate facility	6.7%
First Responder	1.3%
Other Essential Worker/Critical Infrastructure	17.3%
Healthcare Contact to confirmed care	1.0%
Community Contact to confirmed case	13.5%
Household Contact to confirmed case	17.6%

Total	Cases:	3024

Cases Reported in Past two weeks	Percent		
In quarantine at time of onset/positive test	26.1%		
Associated with known cluster/outbreak	3.2%		
Any Contact to confirmed case	19.7%		
Healthcare contact to confirmed case	0.5%		
Community contact to confirmed case	8.6%		
Household contact to confirmed case	11.0%		
Attended Community Event/Mass Gathering	2.6%		
Any Travel (international, domestic, in state)	4.3%		
Source of Infection is unknown	28.6%		
Number of access you arted in most 2 weeks, 1997			

Number of cases reported in past 2 weeks: 1327

## **Clinical Information**

Asymptomatic Cases: 14.5%



Data as of 11/18/2020. Source: Michigan Disease Surveillance System

Symptoms	Percent
Fatigue/Lethargy/Weakness	66.7%
Cough	64.1%
Fever	51.2%
Chills	45.0%
Shortness of Breath	20.3%
Difficulty Breathing	14.0%
Muscle Aches (Myalgia)	53.1%
Headaches	64.7%
Runny Nose	45.3%
Nausea	21.3%
Congestion	53.5%
Sore Throat	39.3%
Diarrhea	23.3%
Loss of taste	40.5%
Loss of smell	39.2%

## **Breakdown of Cases by School Age Categories**

Total Case Count	3024	Data as of 11/17/2020.
Number of Cases <18 years	335	Source: Michigan Disease Surveillance System
% cases <18 years	11.1%	

Approximate Grade Level	<u>Age</u>	Case Count*	% total cases	% cases <18 years
	0-2 years	28	0.9%	8.4%
Pre-K age	3-4 years	23	0.8%	6.9%
K-5th grade age	5-10 years	74	2.4%	22.1%
6-8th grade age	11-13 years	58	1.9%	17.3%
9-12th grade age	14-17 years	152	5.0%	45.4%

These counts may not reflect the actual grade level of cases.

To prevent double-counting of cases, the age brackets do not overlap.

Case count by age, data from 11/10/2020 to 11/18/2020					
0-2 years	3-4 years	5-10 years	11-13 years	14-17 years	
8	8	32	20	66	

<sup>\*</sup>Case counts are based on case ages, which have been grouped into approximate grade levels.

## Isolation V. Quarantine: What's the difference?

## **ISOLATION**

people who have COVID-19 (tested positive or given

probable diagnosis)



## What to do:

- Stay home, except to get medical care
- Separate yourself from others
- Wear a mask
- Clean all "high touch" surfaces frequently

## When can you be around others?

You can be around others after:

- 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever-reducing medications and
- Other symptoms of COVID-19 are improving\*
  \*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of



## **QUARANTINE**

people who have been exposed to **COVID-19**, but are **not sick** 

## What to do:

- Stay home for 14 days after your last contact with a person who has COVID-19
- Watch for fever (100.4 F, cough, shortness of breath, or other symptoms of COVID-19
- Wear a mask
- If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19

## When can you be around others?

- 14 days after your last contact with the associated COVID-19 case
- You cannot test out of a quarantine period
  - Symptoms may appear 2-14 days after exposure to the virus
  - Early in incubation period, viral loads may not be high enough to a produce positive test result

## **Mitigation strategies work!**

Everyday practices such as frequent hand washing, social distancing, properly wearing masks, and staying home when sick help all of us slow the spread of

COVID-19 and other infectious diseases. Identifying close contacts (or those that were within 6 feet for 15 or more minutes) is another key way we can slow the spread and guarantine those who may be exposed.



### **CAR POOL BUDDIES**

Co-workers driving to a destination in the same car can be close contacts if they are within 6ft of one another for 15+ minutes.

If wearing masks, the social distancing rule still applies. Scientists and doctors agree that masks and face coverings can help to reduce the spread by about 70 percent, but that doesn't cancel social distancing.



### **CUSTOMERS/CLIENTS**

Customers or clients that shared time in an office and were within 6 feet of someone with COVID-19 for 15+ minutes.

If wearing masks, the social distancing rule still applies. Scientists and doctors agree that masks and face coverings can help to reduce the spread by about 70 percent, but that doesn't cancel social distancing.



## UNCH MATES

Lunch mates of person with COVID-19 if sitting within 6 feet for 15+ minutes. This is a higher risk time as face masks cannot be worn.

### **CUBICLE MATES**

If your office space is an open concept and there are no barriers set up or social distancing is not maintained, those around a COVID-19 case would be considered a close contact.

\*Public health authorities may determine that distances beyond 6 feet or less than 15 minutes can still result in high-risk exposures based on other considerations and circumstances in each particular case.

### **OTHERS**

Any others that had interactions with someone with COVID-19 lasting over 15 minutes in confined areas such as bathrooms, office room, or meeting rooms where distancing of 6\* feet is difficult to maintain.

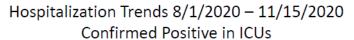
# **Sufficient Health Care Capacity**

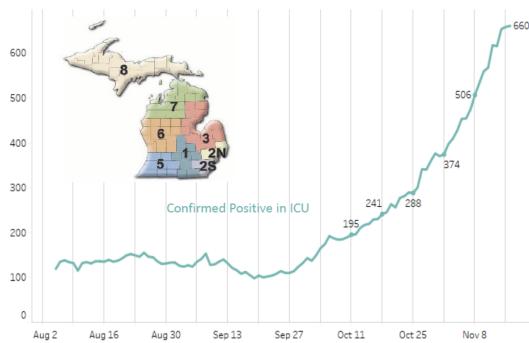
	Statewide Hospital Capacity Report for COVID-19* 11/17/2020**											
	Hospital Beds	Adult Hospital Beds	Hospital Inpatient Beds	Hospital Inpatient Bed Occupancy	Adult Hospital Inpatient Beds	Innatient	ICU Beds	ICU Bed Occupancy	Adult ICU Beds	Adult ICU Bed Occupancy	Total Ventilators	Mechanical Ventilators in use
Region 5	1,551	1,534	1,335	1,139	1,318	1,121	194	132	159	129	304	49

COVID-19 Metrics 11/17/2020, by HCC Region

HCC Region	Region 5	
Total Hospitalized Adult Suspected/Confirmed	273	1
Adult Confirmed-Positive COVID	266	1
Hospitalized Peds Confirmed/Suspected	0	<b>⇔</b>
Hospitalized Ped Confirmed-Positive	0	<b>⇔</b>
Hospitalized and Ventilated COVID	13	1
Adult ICU Confirmed/Suspected COVID	42	1
ICU Adult Confirmed- Positive COVID	41	1
Prev Day COVID Related ED Visits	187	1

## Statewide Hospitalization Trends: ICU COVID+ Census





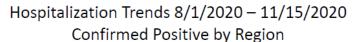
COVID+ census in ICUs increased by 30% this week Doubling time is 2.5 to 3 weeks

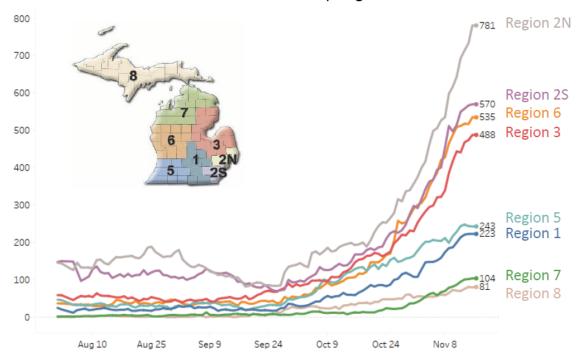
Statewide 27% of Adult ICU beds are occupied with COVID+ patients

5/8 Regions are over 30% of Adult ICU beds occupied with COVID+ patients

Region	Adult COVID+ in ICU	Adult ICU Occupancy	% of Adult ICU beds COVID+
Region 1	61	89%	31%
Region 2N	109	83%	20%
Region 2S	125	83%	17%
Region 3	110	89%	31%
Region 5	41	83%	26%
Region 6	118	80%	42%
Region 7	68	75%	39%
Region 8	28	86%	48%

## Statewide Hospitalization Trends: Regional COVID+ Census





Regions 2N, 3, and 7 show the most rapid growth rate for the week of 11/8-11/15

Region 2N, 3, 6 are the most pressured on a per population basis

	Region	Growth from Last Week	COVID+ Hospitalizations / MM
	Region 1	28%	206/MM
	Region 2N	46%	352/MM
	Region 2S	26%	255/MM
Ι	Region 3	44%	431/MM
$ rack{\P} $	Region 5	15%	255/MM
	Region 6	25%	365/MM
	Region 7	49%	208/MM
	Region 8	35%	260/MM

# **Best Practices for Organizations**



## COVID-19

## PAUSE TO SAVE LIVES



## **Open**



Two-household gathering (high precautions)\*



Small outdoor gatherings (25 people)



Retail



Preschool through 8th grade (local district choice)



Childcare



Manufacturing, construction, other work that is impossible to do remotely



**Public transit** 



Hair salons, barber shops, other personal services



Gyms and pools (for individual exercise)



Restaurants and bars (outdoor dining, takeout, and delivery)



Professional sports\*\*
(without spectators)



Parks and outdoor recreation



Funerals (25 people)



**Health care** 

\*See Social Gathering Guidance.

\*\*Includes a limited number of NCAA sports.

## Not open



High schools (in-person learning)



Colleges and universities (in-person learning)



Workplaces, when work can be done from home



Restaurants and bars (indoor dining)



Organized sports, except professional sports



Theaters, movie theaters, stadiums, arenas



Bowling centers, ice skating rinks, indoor water parks



Bingo halls, casinos, arcades



Group fitness classes





## COVID-19



# SOCIAL GATHERING GUIDANCE PAUSE TO SAVE LIVES

Socializing with family or friends may feel safe, but it is risky – especially with COVID everywhere in Michigan today. It's best to only get together outside. If you must gather indoors, you may only see one other household at a time.

#### To reduce risk, follow these guidelines:

- Pick only one other household to see over the next three weeks. Even better, form a consistent social pod.
- Choose a household that is also being careful. If anyone in either group feels sick, postpone the gathering.
- **Limit duration indoors.** The longer the visit, the greater the risk.

#### Follow these rules as much as possible:



Wear a mask – only take it off when you eat or drink, then put it back on.



Stay six feet apart.



Keep voices down and avoid shouting or cheering.



Do not share utensils.

After a gathering, monitor yourself for symptoms of COVID-19. If anyone in the group feels sick, get tested.





# SAFE SOCIAL "PODS"



What is a pod?

A social pod is a core group of friends or family who agree to limit their in-person social activities to only each other, and practice physical distancing with anyone outside the group. Being part of a pod allows members to continue seeing people outside their household while reducing the risk of spreading COVID-19.

## Do

- Agree up front exactly who is in the pod. Keep your pod to under 10 people, and no more than one other household.\*
- Discuss how vulnerable to COVID members of the pod are (underlying medical conditions, over age 65).
- Agree on how all members of the pod will limit risk (e.g., not seeing people outside the pod other than masked outdoors, not working or attending school in person). The whole pod takes on the risk of each member's exposure.
- Pledge to be truthful with one another about activities.
- Stay outdoors as much as possible, even within the pod.
- Communicate immediately if anyone has symptoms or exposure to COVID-19. The entire pod needs to stop getting together immediately, and the person with COVID-19 symptoms should get tested immediately.

## Don't

- Socialize with other people outside your pod, except masked, outdoors, with at least 6 feet physical distance.
- Pod with more than 10 people or two households.
- **X** Be a part of more than one pod/social circle.
- Include people in your pod who have recently engaged in risky behaviors.
- Stop following essential public health guidance (frequent handwashing, social distancing, wearing a mask).
- Permit members of a household to be in different pods.
- Engage in activity that has not been agreed upon with your pod, such as travel.
- Stay in a pod if others are engaging in unsafe behavior (e.g., going to large parties or gatherings).



<sup>\*</sup> Households means a group of people living together in a shared dwelling with common kitchen or bathroom facilities.

# **Holiday Alternatives**

- A short appetizer hour, outdoors
- Communicate virtually and eat at the same time
- If together:
  - Wear masks, except when eating
  - Keep tables and households spread out

### COVID-19

## MIOSHA EMERGENCY RULES

The rules implement workplace safeguards for all businesses and specific requirements for industries, including manufacturing, construction, retail, health care, sports and exercise facilities and restaurants and bars. These rules take effect on October 14, 2020 and shall remain in effect for six months.



#### EMPLOYER REQUIREMENTS



#### **Establish Exposure Determination for Employees**

- The employer should evaluate routine and anticipated tasks to determine anticipated employee exposure to COVID-19.
- The employer should categorize jobs into the following risk categories:
  - Lower exposure risk do not require contact with public or other workers.
  - Medium exposure risk require frequent and/or close contact (ex. within six feet) with people who may be infected with SARS-CoV-2, but who are not known or suspected COVID-19 patients. Workers in this category have contact with the general public and coworkers.
  - High exposure risk high potential for exposure to known sources of COVID-19, these could include healthcare professionals, law enforcement, nursing home employees, medical transport or mortuary workers.
  - Very high exposure risk high potential for exposure to known or suspected sources of COVID-19 during specific medical, postmortem or laboratory procedures. Workers in this category include healthcare, dental and morgue workers performing aerosol-generating procedures.



#### Create a COVID-19 Preparedness and Response Plan

- The employer should develop and implement a written plan to prevent employee exposure to COVID-19.
- The plan should include exposure determination and detail the measures the employer will implement to reduce employee exposure, including any:
- Engineering controls barriers between the worker and exposure to the virus.
- Administrative controls policies, procedures and practices such as staggered work schedule, teleworking and increase social distancing measures.



- Personal protective equipment employees in frequent or prolonged close contact with known or suspected cases of COVID-19 must be provided with and wear, at a minimum, an N95 respirator.
- Health surveillance screening protocols to identify known or suspected COVID-19 cases at the start of work shifts, employees should report any signs or symptoms of COVID-19.
- Training employers should provide COVID-19 exposure prevention training to employees, including steps to report signs and symptoms of COVID-19.



#### Establish Workplace Procedures

- · Identify a workplace COVID-19 coordinator.
- Examine and update policies like telework.
- Mandate face coverings as required.
- · Train employees on new procedures and policies.
- · Employee health screening procedures prior to work.



#### Workplace Procedures - Cleaning

- The employer should routinely clean and disinfect all areas such as offices, common areas, bathrooms, shared electronic equipment and frequently touched surfaces.
- If a sick employee is suspected or confirmed to have COVID-19, perform enhanced cleaning and disinfection of the workplace.



#### Workplace Procedures - Sick Employees

- Require employees to report when they receive a positive test or are experiencing symptoms of COVID-19.
- Require employees to self-isolate. Employees should notify supervisors and stay home. Do not allow employees to return until home isolation criteria is met (Follow CDC Guidance) and inform other employees of possible workplace exposure (ADA compliant - keep confidentiality).



#### Employee Training

 Training should cover new policies and procedures like screening procedures, telework duties and employee reporting policy. Be sure to train on new controls like personal protective equipment (PPE) requirements and cleaning of workspace.

# **Core Mitigation Strategies**



- Proper mask use
- Social Distancing
- Frequent Handwashing
- Staying Home when Sick







## Mask Use

- Masks have shown to work at slowing disease spread by about 70%
  - Face masks block an individual's respiratory droplets from landing in the mouths or noses of people who are nearby or possibly being inhaled into the lungs.
- Sources: Howard, J., Huang, A, et al. 2020; Wang, Y., Tian, H., et al. 2020; Centers for Disease Control and Prevention; Davies, A., Thompson, K. et al. 2013.
- Specifically with pediatric COVID-19 patients, data showed that children can carry high levels of virus in their upper airways, particularly early in an acute SARS-CoV-2 infection, yet they display relatively mild or no symptoms (Yonker, L., Neilan, A. et al., 2020).
  - This suggests that children can be superspreaders to COVID-19

# **COVID-19 Immunity**

## Vaccine

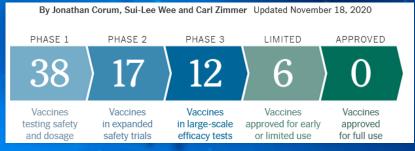
help protect you by creating an antibody response without having to experience sickness.

## Infection acquired

- Unclear whether clinically recovered patients acquire the protective immunity from re-infection.
- Some cases of re-infection of COVID-19

# Community Vaccination and/or Herd Immunity By Jonathan Corum, Sui-Lee Wee and PHASE 1 PHASE 2 PHASE 2

11/9/20: **Pfizer** and **BioNTech** presented preliminary data indicating that their coronavirus vaccine was over 90% effective.



11/16/20: Moderna announced that a preliminary analysis of the trial indicated that the vaccine was 94.5 percent effective

## Vaccine Distribution:

- State and Local Health Departments currently identifying sources for ultra cold storage and purchasing what is needed
  - Phases 1A and 1B on following slides
- Gun Lake has donated funds for a mobile vaccine clinic

# A big Thank you to the Gun Lake Tribe!

Gun Lake has donated funds for a mobile vaccine clinic

## Phase 1A Health Care Workers

- Hospital Staff
- Local Health Department Staff
- EMS
- Primary Care Practice Staff
- Pharmacists
- LTC Staff
- Urgent Care Staff
- FQHC Staff

# Phase 1B Populations

- Critical Infrastructure Workers
- Fire and Police
- Educators
- Adults with Chronic Medical Conditions
- Adults 65 years and older

## Unknowns for Vaccine Distribution

When vaccine will be available

How vaccine will be allocated to states

National strategy for vaccine prioritization when supply is short

Vaccine storage requirements (refrigerator, freezer, ultra-cold)

Number of doses in the series, time between doses

Unknown how the Federal Government will work with Federal Agencies and IHS

- https://attendee.gotowebinar.com/register/3628950632878881040
- After registering, you will receive a confirmation email containing information about joining the webinar.



# WHAT THE HEALTH? Allegan County COVID-19 Community Conversation

## Thursday, November 19 at 6pm | Virtual

Ask questions and listen from local panelists on what is currently happening in Allegan County during the COVID-19 pandemic, the effectiveness of mitigation strategies, and how our community is responding.

#### Panelists:

- · Angelique Joynes, Allegan County Health Department Health Officer
- · Bill Brown, Superintendent of Allegan Area Educational Service Agency
- · Dorine Berriel-Cass, Director of Infection Prevention at Spectrum Health
- Dr. Greg Cassidy, Ascension Allegan Health Care Provider

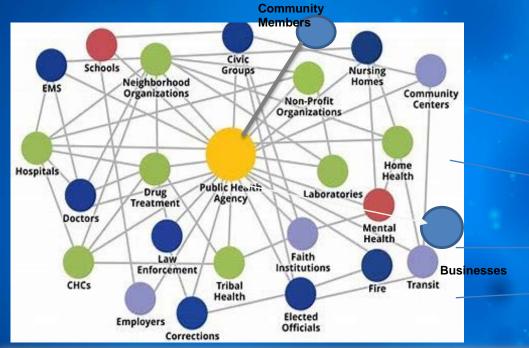
Secure your spot and question now!
Registration Link:

https://attendee.gotowebinar.com/register/3628950632878881040

# Time for your Flu Shot!

- Fighting the flu season will be especially important this year
- Helps prevent health care systems from becoming overwhelmed
- ► Flu Clinic TOMORROW at ACHD from 9am-12pm and 1pm-4pm.
  - Offering no-cost flu vaccine for uninsured/under-insured adults (19 years of age and older)
  - Call 269-673-5526 to make an appointment

# We all play a part in this responder stronger our relationships are the more effective the response





IF YOU WANT to go quickly. GO ALONE.

IF YOU WANT TO GO FAR GO TOGETHER

- AFRICAN

# ACHD Hotline: (269) 686-4546



Email: COVID-19@allegancounty.org

