

FOR IMMEDIATE RELEASE
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Allegan County
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Allegan County - Healthy Workplace

ALLEGAN COUNTY - Allegan County recognized as a Healthy Workplace by the Governor's Council on Physical Fitness, Health and Sports and the Michigan Fitness Foundation.

To honor Allegan County's commitment to supporting a healthy workplace, the Governor's Council on Physical Fitness, Health and Sports and the Michigan Fitness Foundation invited Allegan County, a 2018 award finalist for the Healthy Workplace--Large Category, to an April 19, 2018 morning event at the State Capitol in Lansing. Award winners were announced during an evening Gala event at the Cobo Center in Detroit, which also featured Detroit Tigers great Al Kaline and U.S. Senator Debbie Stabenow. Finalists were also recognized in categories ranging from Conquering Obesity to Active Community to Veteran of the Year.



Pictured (left to right): Dean Kapenga, Allegan County Chairman Board of Commissioners; Amy Doeden, Allegan County Wellness Coordinator; Mary Whiteford, State Representative District 80; Vickie Herzberg, Allegan County Executive Director of Human Resources; Rob Sarro, Allegan County Administrator; Lyn Holoway, Allegan County Human Resources Manager.

The Healthy Workplace award recognizes organizations with outstanding programs that help to create best practices for organizations throughout Michigan to replicate. Allegan County's worksite wellness initiatives include comprehensive, holistic programs, benefits and policies for its employees and

their families. These initiatives support all aspects of well-being, including the physical, emotional, mental, spiritual, relational, environmental and financial to help make employees healthy, fit, and more productive.

Additional information at <http://www.michiganfitness.org/gfa-2018-healthy-workplace-award>.

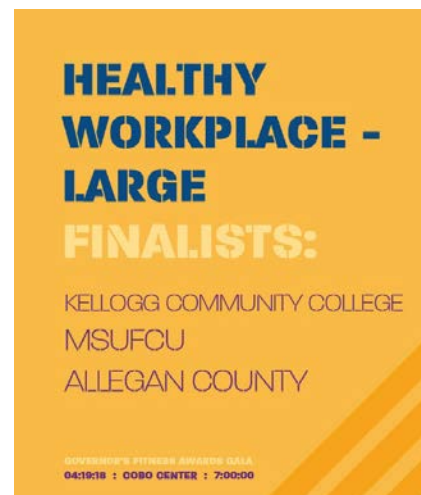
Through the work of various teams throughout the organization, and their wellness provider, Holtyn and Associates, the County provides a tobacco-free workplace and cessation tools, personal wellness assessment and coaching, fitness, nutrition and stress management classes and activities, onsite fitness centers, an employee assistance program to help maximize employees' and families' emotional and mental wellbeing, and educational resources.

"The success of the Wellness Program was and remains a team effort, institutionalized by a visionary Board, led by an excellent Coordinator and County leaders supported by partners/vendors, such as Holtyn and Associates." - Vickie Herzberg, Executive Director of Human Resources

"The Wellness Program has been amazing, we are seeing improvement in data and more importantly we can see it in the workplace culture. We are proud of our employees and they are deserving of this State recognition." - County Administrator Robert J. Sarro

"It is a huge honor for Allegan County to be recognized by the Governor as a top healthy workplace in the State. I am overjoyed that our employees have taken such a personal interest towards better health which results in better services to our customers. I am humbled by leadership's servant approach to support employees and the organization on this strategic initiative." - Board Chairman Dean Kapenga

For more information contact Vickie Herzberg, Executive Director of Human Resources 269-673-0451.



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